## YWCA Delaware 2020 Program Results

<table>
<thead>
<tr>
<th>Individuals Served (unduplicated)</th>
<th>Key Outcomes</th>
<th>Results</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Housing Security</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Home-Life Management Center &amp; Rapid Rehousing</td>
<td>280</td>
<td>Formerly dependent families became self-sufficient and positioned for upward mobility. Families achieve housing stability.</td>
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<tr>
<td><strong>Economic Empowerment</strong></td>
<td></td>
<td></td>
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<tr>
<td>Financial Empowerment Homeownership WAND – Entrepreneurship – Employability</td>
<td>1,197</td>
<td>Individuals demonstrate increased financial health.</td>
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<td></td>
<td></td>
<td>Families experiencing a foreclosure crisis achieve housing stability after interventions.</td>
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<td>Individuals develop viable strategies to increase household income through employment or entrepreneurship.</td>
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<tr>
<td><strong>Youth Development</strong></td>
<td></td>
<td></td>
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<tr>
<td>Youth Development</td>
<td>424</td>
<td>Youth develop a sense of purpose, a positive view of their personal future and goals that support their social and economic mobility.</td>
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<tr>
<td><strong>Health and Safety</strong></td>
<td></td>
<td></td>
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<tr>
<td>Sexual Assault Response Center (SARC)</td>
<td>3,822</td>
<td>Survivors feel supported, empowered and in control of decision-making during recovery.</td>
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<tr>
<td><strong>Racial and Social Justice</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Racial Justice &amp; Social Advocacy</td>
<td>2,298</td>
<td>Increased understanding of systemic racism and the inequities it creates.</td>
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<tr>
<td></td>
<td></td>
<td>Individuals are empowered to engage in ongoing efforts to eliminate racism.</td>
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<tr>
<td><strong>Total Served</strong></td>
<td>7,585</td>
<td></td>
</tr>
</tbody>
</table>

*Due to the impact of COVID-19, families were unable to achieve self-sufficiency within 12 months at YWCA’s average of 85%*

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**Stay Connected!**

www.ywcade.org | info@ywcade.org

@ywcdelaware @ywcade

**YWCA IS ON A MISSION**
Dear Chuck,

Making contingency plans is a part of my job. Non-profit executives must consider the impact of losing grant funding, employee retirements, a sudden rise in the cost of operations, even a flu outbreak. But, as you can imagine, managing the fallout from a worldwide pandemic was not part of our Plan B.

I am gratified that the non-profit community in Delaware is working together and with the Governor’s office to minimize the impact this crisis will have on our most vulnerable populations. YWCA USA and other leaders provide
guidance and expertise that helps me and our staff navigate a rapidly changing environment.

This edition of Mission Talk will give you an update on how YWCA is operating under the state emergency declaration. Our programs and services are operating safely and continuing to meet the needs of our clients because of the creativity and professionalism of YWCA staff.

In this issue you will also see how YWCA will continue to do the work to eliminate racism and empower women when the crisis abates and we return to a new normal. Our work is as important now as it was when we came to Delaware 125 years ago. Your commitment to our mission and generous support is what makes it possible.

Be well.

Stephanie Staats
Chief Executive Officer

COVID-19 Update

YWCA Delaware Service and Programs in Response to COVID-19

At this time, YWCA offices are closed and staff is working remotely.

All in-person group workshops and events are cancelled through May 15th. Many events have been redesigned as remote gatherings. Check www.ywcade.org for information.

- Economic Empower programs in Homeownership, Foreclosure Intervention and Financial Coaching are being conducted remotely. New clients are being accepted on a limited basis and should contact us via email at empower@ywcade.org or by calling 302-224-4060.
- YWCA’s emergency and transitional housing facility for families, Home-Life Management Center, is operating within recommended prevention and response protocols for homeless shelters to infectious diseases. The shelter is currently at capacity.
- YWCA’s Sexual Assault Response Center (SARC) will operate its 24/7 hotline without interruption: 800-773-8570. Aftercare services are coordinated via secure remote connection.
- WAND career readiness and self-employment group trainings are being conducted as remote gatherings. Individual coaching is being conducted remotely. New clients are being accepted. Email empower@ywcade.org or call 302-224-4060.

•
Youth Programs are being conducted remotely on a limited basis at this time. Email empower@ywcade.org or call 302-224-4060 for additional information.

Visit www.ywcade.org and follow YWCA on social media Facebook, Instagram and Twitter for periodic updates as the situation evolves.

Delaware COVID-19 Information
Delaware’s Division of Public Health
de.gov/coronavirus

Looking Forward

This year YWCA Delaware marks its 125th year of helping women and people of color reach their potential. Like many things we had all planned to do, our 125th Anniversary Celebration and Annual meeting has been postponed. We are seeing this as more time to plan a great party for May 2021! Watch our website www.ywcade.org and social media for more information to come (see stay connected links at the bottom of this email).

2020 Breakfast Celebration

Wednesday, October 21, 2020 is the date for our annual Breakfast Celebration and we are looking forward to seeing you, our many friends at the DuPont Country Club. Powerful, real client stories are resulting from the work being done by our first responders at Home-Life Management Center (YW's emergency and transitional housing program), Sexual Assault Awareness Center, and Economic Empowerment programs as they continue to deliver our critical services via technology. The positive impact on people's lives motivates staff to keep doing their important work and we look forward to sharing some of these client successes with you. Your support continues to make our work possible.

History Project
Important anniversaries, both personal and for organizations, often cause us to look back at our history. YWCA Delaware’s 125 years of working with real women, dealing with real issues, in real time has generated a significant historical trail much of it stored at the Delaware Historical Society. Kitsie (Catherine) Holcomb volunteered to complete an inventory, sort of a treasure map, for almost 50 boxes. She was joined by Laura Adarve, Barbara Washam, and Kim Snedaker, all volunteers and supporters of YWCA Delaware. We look forward to sharing some of these items with you in our communications and at our 125th Anniversary Celebration and Annual Meeting in May 2021.

Mission Tours

Typically throughout the year YWCA Delaware CEO, Stephanie Staats regularly hosts a conversation and tour at YW’s Home-Life Management Center to introduce people to the work we do. If you would like to introduce a few people or are interested in learning more about YWCA Delaware, Stephanie is available via Zoom to share some insights and answer a few questions. Take a look at the schedule previously set for Mission Tours and let us know what works for you and your group of 5 or more.

Stand Against Racism

YWCA is on a mission to Stand Against Racism!

We take a Stand Against Racism every day by raising awareness about the impact of institutional and structural racism and by building community among those who work for racial justice.

This year, the annual Stand Against Racism campaign takes place April 23 - 26, 2020 and our theme is civic engagement. Civic engagement is, and always has been, central to racial justice work.

Ensuring access to the ballot box and engagement of marginalized communities in the political process and the census are powerful tools for eliminating racism and creating a more inclusive democracy. Visit the Stand Against Racism site.

Volunteer Spotlight

Volunteers are a significant part of YWCA Delaware and our ability to positively impact people's lives. Many people are helping during this unprecedented time...Ellyn and Darren Moore are a wonderful example of how people like you have helped.

Ellyn and Darren Moore dropped by Home-life with a donation of Plates, Cups, Napkins, Utensils, Snacks and Fruit.

Ellyn is also coordinating additional donations from the National Coalition of 100 Black Women and their church Harvest Christian Fellowship. They have gotten Pastor Meredith Griffin involved and hope to “ignite others to give.”
Highmark Walk Goes Virtual

An announcement from Highmark:

Out of an abundance of caution and for the protection and safety of our Walk participants and volunteers, the difficult decision has been made to modify all seven 2020 Highmark Walks for a Healthy Community to an online only fundraiser and virtual walk for this year's campaign. YWCA Delaware will continue to be a beneficiary of this fund-raising event, however, the way our supporters choose to participate will vary. Here are the new guidelines:

- A virtual walk is a real walk, but it's on your terms! Anytime between May 9 and June 30, you choose how and when you walk (treadmill, park or trail, or around the neighborhood)
- This year to keep up the momentum of individual fundraising, we have lowered the minimum amount raised to receive a T-shirt to $15 before June 30, 2020.
- We will continue to offer one raffle ticket for every $50 raised.

To register yourself and your team, please go to www.ywcade.org/highmarkwalk. Our goal is to raise $5,000. Take advantage of the incentive to contribute to the life-changing programs of YW while at the same time improving your health and well-being. Remember, 100 percent of the funds raised go directly to the participating organizations!

You are encouraged to become involved and to support YWCA Delaware as we confront the challenges faced by underserved women, girls, and families and advance social justice.

Volunteer Information

Interested in serving on a Board Committee? Contact us at (302) 655-0039 ext 227.

Hope during a pandemic
WHYY and the Philadelphia Tribune Put a Focus on SARC

One unfortunate consequence of the state of emergency declared by Governor Carney is forcing domestic violence victims, with no safe place to go, to live for a prolonged period of time with their abusers. WHYY reporter Zöe Read wrote about the work of YWCA Delaware's Sexual Assault Response Center (SARC) for the station and the Philadelphia Tribune.

"What that limited quarantine has done is it forces the person being abused into a situation where they feel trapped," said Elizabeth McCourt, chief health and safety officer for YWCA Delaware. "A lot of times, the abuser was working outside the home or not always present, so (victims) were able to shift their schedules around to limit their exposure. But with the quarantine, that protection goes away."

The article describes the work being done to help victims as police stations and shelters close and offers advice for people who feel threatened at home. SARC continues to provide counseling and assistance by phone. Below are numbers you or someone you know who is in distress can call for help:

- Call 800-773-8570 to speak with a Sexual Assault Response Advocate (SARA)
- For Kent and Sussex Counties, call SAFE hotline: 302-422-8058
- Hotline for Abriendo Puertas shelter for Spanish speaking victims: 302-745-9874
- For New Castle County Shelters, call: 302-762-6110
- For help with Protection from Abuse orders, call: 302-255-2609

To read the entire article and for more information, click here.

Learn More About SARC

Interested in volunteering with YWCA  click here

Keep Calm and Dress up for Spirit Week!

In a play on the famous British slogan during WWII, Keep Calm and Carry On, the staff at the Home-Life Management Center encouraged clients to join them in Dress Up for Spirit Week during the state of emergency. Each day has a theme and creativity is encouraged. Here is a list of each day's antics:

- Monday is Fun Hat Day
- Tuesday features Pajamas
- Wednesday is Mismatched Socks Day
- Thursday everyone is urged to Become a Super Hero
- Friday everyone celebrates with an Ice Cream Sundae Bar

Social Distancing and COVID-19 Control at Home-Life

To meet the challenges of requiring social
PJ Day with a side of Super Hero

To meet the challenge of requiring social distancing and to encourage safe practices at YWCA Home-Life Management Center, Clytia Royster, family enrichment and support manager, developed a plan for the families. She held meetings with the residents and shared safety guidelines and written information on COVID-19 in English and Spanish.

Policies of the HLMC include:

- Everyone entering the building is required to use the hand sanitization station placed between the entry doors
- Increased sanitization has been implemented by the facilities team with the custodian wiping down common areas and clients cleaning their living areas more frequently during the day
- Thermometers are on hand to take temps and medical assessments are available as a safety measure
- Flexibility is key to safe meal times and e-mail is used to aid social distancing for case management and communication among clients and staff

YWCA Delaware Home Life staff is being called on to serve as a resource for community partners and programs. They are quickly and efficiently putting into place protocols to protect the residents and all who work there. Activities just for fun, such as Spirit Week, are also on the staff’s program agenda.

Sock Day at Home-Life

Here’s a fun activity for the kids. The can learn the importance of hand washing while singing along with Baby Shark.

Learn More About YWCA Delaware Youth Programs

YWCA Virtual Book Chats with Zoom

Nothing passes the time with more satisfaction than a good book. And after reading a good book, many of us enjoy discussing it with others to discover new insights and reflect on the ideas presented by the author. There may even be a little back and forth with opinions expressed and reviews of the author’s use of language or writing style.

YWCA Delaware invites you to join a virtual book chat with Zoom. This easy “app” allows...
book chat with Zoom. This easy "app" allows groups to gather, see each other on the screen and no more than one person can speak at a time. With a facilitator, it works well as a way to have a discussion remotely. If you are interested in this opportunity to connect with others after reading books with social justice themes, click here.

Learn to use Zoom and join us for a book chat!

"It's Hard for me to Express in Words…"

Ethel Irwin, YWCA Delaware Financial Empowerment Counselor was gratified recently to receive an email from a client who had taken advantage of YWCA Delaware's financial counseling services. We want to share this poignant reminder of how your contributions change lives.

Ms. Irwin:

It's hard for me to express in words the appreciation that I have for how you have worked with me over the past several months in support of saving our home.

This situation has been overwhelming. You have walked me through each step of the way with empathy, exceptional patience in explaining what and why to me so many times and your firm hand to ensure that I was doing everything necessary to prepare for handling this very very scary, stressful situation.

Somehow, even when I found the foreclosure order taped to my door this week, I was able to move through the fear and uncertainty because you were very clear on what to expect. I understand it is still an uphill battle and I am heart-fully grateful for your genuine empathy, professionalism, guidance, attention to detail and support.

Thanks is not nearly enough of an expression to explain my appreciation to you. I remain hopeful for a positive, fair and equitable resolution to save our home.

Kindest regards,

[Client's name withheld]
The online project was supported by the UD MIS Capstone Project Teams. The initiative has helped individuals move through some barriers and has provided participants with access to convenient learning and flexibility, while helping them to build their business or career.

WAND is working with other partners to be able to provide more virtual experiences to support those seeking assistance for entrepreneurship and career-readiness.

Connect with YWCA Delaware’s Economic Empowerment programs in Homeownership, Foreclosure Intervention, Financial Coaching and WAND via email at empower@ywcade.org or by calling 302.224.4060

Youth Programs Go Virtual

Technology keeps students and their mentors engaged with YWCA Delaware

Schools closed, events canceled, meetings prohibited — Youth Advisor Stephanie Sanford was facing a sudden transition to online programming.

She is busy contacting YW partners with the spring schedule of virtual group sessions. Some of the confirmed online conferences include a discussion of Children & Families First summer programming, a group session with I Am My Sister’s Keeper, a review of lessons and activities with the Delaware Adolescent Program, Inc. (DAPI), and virtual meetings with several schools. Other YW youth programs and services which will take place online include:

**One-on-one mentoring** — individual conversations with up to 20 girls

**Podcasts** — through a free app called Anchor, Stephanie will send invitations to a podcast by email, text, and direct messaging. She will use the Girl’s Circle curriculum to share empowerment ideas, challenges, and guest speakers with the students. Included will be information on Sexual Assault Awareness Month, April 2020.

**Prom Planning** — Seniors in high school confront not only the sudden closing of schools, but the cancellation of many rites of passage - proms, graduation, and college visits. To the rescue is a group of Moms who started a HS Class of 2020 Facebook page. They want to salvage a few of these traditions for their daughters, with the help of the YWCA, when the crisis is over. Stephanie told the Moms that the YW can provide several prom dresses donated to the organization in past years.

**Looking Ahead**

The YWCA is optimistically looking ahead to the 2020 - 21 school year with school visits and a growing youth outreach.
Social Media Helps Tell our Stories

Tweets, Emojis, Shares, Likes, Clicks, Posts

Despite the constraints of a state-wide shutdown, YWCA Delaware continues to provide programs and services in innovative ways. As the number of activities grows, social media offers our staff a way to quickly and inexpensively share our stories with you. Taking advantage of platforms available through social media is an important step in promoting our mission and connecting with our supporters.

If you are unsure about how to receive “tweets” or concerned with entering the vast world of Facebook, or don’t understand what Instagram is all about, we have resources to answer your questions and get you started.

You can access our social media feeds from both the YWCA website and apps. Need help?

Getting Started - video tutorials
How to Use Facebook: https://tinyurl.com/How2Facebook
How to Use Instagram: https://tinyurl.com/How2Instagram
How to Use Twitter: https://tinyurl.com/TwitterGuide2

Or go directly to:
Facebook page: YWCA Delaware
Instagram: ywcade
Twitter: @ywcade
Youtube: ywcadelaware1

Liking and sharing our posts helps spread the word!

You can access YWCA Delaware’s social media directly from our website.
THIS IS A TEST EMAIL ONLY.
This email was sent by the author for the sole purpose of testing a draft message. If you believe you have received the message in error, please contact the author by replying to this message. Constant Contact takes reports of abuse very seriously. If you wish to report abuse, please forward this message to abuse@constantcontact.com.
Host a Mission Tour
The best way to make more people aware of the great work that YWCA is doing is to invite your friends or colleagues to an existing Mission Tour or to host your own Mission Tour. YWCA manages the logistics of inviting people, coordinating RSVP’s and our CEO will do the tour. All you have to do is give us names and contact information for the people you’d like to invite to your tour.

Become a Breakfast Ambassador/Attend Breakfast
Our Fall Breakfast is not only a powerful and moving celebration, it is also our major annual fundraiser. For 10-hours of your time, you can play a critical role in making this event a success. Breakfast Ambassadors either contact and invite some of our existing donors or they cultivate and invite people from their own networks and then host a table at the Breakfast.

Become a Changing Lives Member
As government and corporate funding continues to decrease, we rely on the support of individuals like you even more. For as little as $84/month for 5 years, you can be part of the solution to make sure that YWCA continues to be a sustainable and vibrant organization responding to critical community needs.

Join the Investor’s Cabinet
YWCA Delaware has a giving society called the Investor’s Cabinet. The Investor’s Cabinet is a fun, engaging way to support YWCA Delaware and network with like-minded individuals, while learning about critical issues facing our community and YWCA Delaware.

To find out more about these opportunities to help contact:
Donna Connor at 302-655-0039 ext. 227
dconnor@ywcade.org
Home-Life Management Center
Emergency, Transitional & Affordable Housing
Home-Life Management Center is an innovative residential program designed for emergency and transitional housing. Our program provides a spectrum of supportive services in a safe and stable environment for women and men with children and two-parent families who find themselves destitute. Our wrap around services provided onsite are designed to teach valuable life skills and assist the families to become gainfully employed, permanently housed and completely self-sufficient.

Racial & Social Justice
Fostering Awareness & Inspiring a Movement
YWCA Delaware’s Racial & Social Justice program strives to transform communities by changing consciousness, promoting inclusion and solidarity, and cultivating skills in individuals to advocate for justice and inspire a movement. Our Dialogue to Action programs promote education and dialogue for individuals to grow in their goal of becoming an advocate for Racial and Social Justice and fight for systemic change. Our Diversity, Equity, and Inclusion programs are designed for internal organizational change making an equitable culture of inclusion of all.

Wo(men) Achieving New Directions – WAND
Entrepreneurship & Workforce Development
The WAND Program offers entrepreneur strategies to emerging business owners who need “hands on” technical support and tools to position their business for success and sustainability. Our workforce development programs provide 21st Century job search skills to those with barriers to employment, including, individuals seeking to navigate the job market, identify transferable skills and re-brand themselves for new and current employment opportunities.

Homeownership & Preservation
First-Time Homebuyers, Default Counseling, Mediation, & Foreclosure Prevention
HUD-approved homeownership counseling services that help women and families achieve economic independence by purchasing a home and helping families in crisis avoid foreclosure.

Financial Capability
Financial Counseling, Credit Building and Stability
Workshops and individual counseling to help individuals and families learn the basics of managing, saving, and investing money with the goal of developing and practicing the core skills needed to achieve financial stability and build wealth.

Sexual Assault Response Center – SARC
Support, Advocacy, 24/7 Helpline (800)-773-8570
The Sexual Assault Response Center (SARC) provides comprehensive, free and confidential rape crisis services to sexual assault survivors aged 12 and older and their non-offending family members, friends, and partners throughout the State of Delaware. SARC is committed to providing healing, hope, and empowerment to individuals whose lives have been impacted by sexual violence whether the assault happened yesterday or many years ago.

Youth Empowerment
College/Career Readiness and Life Skills
YWCA Delaware’s Youth Development program builds the strength of the community by empowering youth to maximize their personal and educational potential. We provide comprehensive and innovative college and career preparation, and leadership workshops for at-risk youth, giving them a unique opportunity for an accomplished future. Our program challenges youth to become independent thinkers advocating for their own success while building their self-esteem, social competence and employability skills.
Delaware Racial Justice Collaborative
YWCA and 10 local organizations work collectively to build awareness and increase understanding of the negative impact of racial bias and institutional racism on the economic and social well-being of communities of color. DRJC is a resource center and thought leader for best practices, data, education, and reference materials. It promotes collective action to combat structural racism and the policies and practices that support it.

Local Emergency Action & Response Networks
In an ever polarizing country with the rise of hateful rhetoric and acts against communities of color, Muslims, Jews, and others who are not in the dominant white culture, YWCA was inspired to organize diverse networks of community members to meet the immediate needs of the local community after incidents of injustice/hate. YWCA is available to train groups how to organize around issues of social justice and eliminating racism.

NarrateHER Traveling Exhibit
YWCA's NarrateHER traveling exhibit builds awareness about the layered ways social barriers impact the lives of women in Delaware as illustrated through their firsthand stories as advocates, educators, and entrepreneurs. If you would like to find out more about hosting YWCA's traveling exhibit, please contact us.

Stand Against Racism
YWCA's Stand Against Racism is an annual, national campaign coordinated in mid-Spring with YWCAs across the country, to build community among those who work for racial justice and to raise awareness about the negative impact of institutional and structural racism in our communities.

Educational forums and discussions (Dialogue to Action)
YWCA partners with community groups and nonprofits to create inclusive spaces where participants can learn about the history and negative impact of racism and oppression on individual attitudes, behaviors, and the very fabric of society. We help people grow their capacity to foster conversations about racism, and to develop action plans for responding to racism and other forms of oppression.

MLK VOICE 4 YOUTH
On the weekend of Dr. Martin Luther King, Jr. Day, YWCA, in partnership with Christ Church Christiana Hundred, celebrates his legacy by conducting a communication contest for high school students to encourage youth to reflect on his life and mission within the context of their lives and the communities in which they live through the creative use of speech, poetry, and rap.

We are always looking for volunteers, interns, and other organizations to work with us in delivering these programs and other educational events. Contact us and find out more at: www.ywcade.org/rsj

YWCA Delaware's Racial & Social Justice program strives to transform communities by changing consciousness, promoting inclusion and solidarity, and cultivating skills in individuals to advocate for justice and inspire a movement.
to eliminate racism, empower women, stand up for social justice, help families and strengthen communities in three signature areas where we can have the most impact:

**ECONOMIC ADVANCEMENT & PERSONAL EMPOWERMENT**
We provide women and families with programs to increase emotional and economic well being.

- Emergency & Transitional Housing
- Financial Coaching
- Homeownership, Rental and Foreclosure Counseling
- Work Readiness & Self-Employment
- Youth Development

**HEALTH & SAFETY**
We support those impacted by violence from sexual assault and domestic violence.

- Domestic Violence Case Management
- Sexual Assault Crisis & Aftercare

**RACIAL JUSTICE & SOCIAL ADVOCACY**
We increase awareness of racism and mitigate its effects on individuals and institutions. We advocate for the contemporary needs of women and girls in education, economics, personal safety, health and legal rights.

- L.E.A.R.N. Rapid Response
- Dialogue to Action – Conversations about Race
- On the Menu – Diversity, Equity & Inclusion

**OUR IMPACT**
YWCA is a highly effective, inclusive and uplifting force for social progress. Join YWCA in our mission to help women, their families and people of color to reach their full potential and strengthen communities throughout Delaware.

www.ywcade.org/HowYouCanHelp

**INVESTMENT OF RESOURCES**

**2020 Revenue (Unaudited)**

- Contributions
- Government
- Earned Revenue
- Investment Draw

**2020 Expenses (Unaudited)**

- Youth
- Domestic and Sexual Violence
- Housing
- Racial Empowerment
- Racial and Social Justice
- Administration

**Address**

Center for Social & Economic Progress
153 E. Chestnut Hill Road, Suite 102
Newark, DE 19713
(302) 224-4060

Home-Life Management Center
709 N. Madison Street
Wilmington, DE 19801
(302) 658-7110

Sexual Assault Response Center (SARC)
153 E. Chestnut Hill Road, Suite 102
Newark, DE 19713
(302) 224-4060 x210

20151 Office Circle, Suite 2
Georgetown, DE 19947
(302) 273-1300

24/7 Sexual Assault Response Helpline: (800) 773-8570

www.ywcade.org
info@ywcade.org

Administrative Office
100 W. 10th Street, Suite 515
Wilmington, DE 19801
(302) 655-0039
WE CREATE REAL CHANGE

YWCA Delaware works every day to eliminate racism and empower women. Through our programs and advocacy, we transform lives and strengthen communities.

BUILD WEALTH
1,197 individuals participated in Financial Empowerment programs. 71% were better prepared to handle unexpected emergencies by budgeting, saving, and improving credit scores.

MAKE DREAMS A REALITY
83% of families experiencing a foreclosure crisis achieved housing stability within 6 months. 96% of financially insecure households became mortgage ready in 12 months and 18 purchased a home.

INCREASE FAMILY INCOME
98% developed viable strategies to increase household income through employment or entrepreneurship. 90% demonstrated increased financial health.

INSPIRE ACTION
Fostered civic engagement and advanced cultural competency in 2,298 people and inspired 87% to advocate for justice and take action for social change.

STRENGTHEN OUR COMMUNITY
Shifted in pandemic environment to virtual programming to build leadership skills, college and career readiness, character development, inclusivity, and healthy relationships in 424 at-risk youth. 93% developed a positive sense of self-worth and a belief in a promising future. 93% expected high school graduation rate.

TEACH VALUABLE LIFE SKILLS
71 homeless families sheltered and provided life skills training and practicum to support themselves while stabilizing income. 65% exit from transitional housing into their own safe and stable homes within 12 months. 66 families avoided home foreclosures with interventions.

HEAL LIVES IMPACTED BY VIOLENCE
Provided 24/7 sexual assault helpline, medical and legal accompaniment, trauma-informed counseling, case management and support group aftercare services to 3,822 survivors of domestic or sexual violence.

NEED HELP?
If you are homeless or are at imminent risk of becoming homeless, please dial 2-1-1.

To speak with a Sexual Assault Advocate, call our 24/7 helpline at 800-773-8570.
YWCA YOUTH DEVELOPMENT PROGRAMS™

The YWCA Delaware Youth Program facilitates workshops that build leadership and life skills for at-risk youth, giving them a unique opportunity for an accomplished future. Our programming provides life skills training and leadership curriculum in character development, college and career preparation, conflict resolution, diversity and healthy relationships.

YWCA Girl/YWCA Ready This is a four year college and career preparation program for high school students. Participants will create action plans to achieve educational and career goals. Focus is on increasing self-esteem and confidence, encouraging leadership, building networking opportunities and preparing participants for college or trade schools that provide a foundation for financial security and economic stability for a successful future.

Diversity and Leadership Training: I AM ... the Key to Change

This series promotes understanding and respect among students of all races, religions, ethnicities and cultures through education on individuality, acceptance, support, relationships, communication, conflict resolution and advocacy. Through workshops and interaction with other youth and adults, participants will build skills around inclusion and diversity.

Esteem: The Esteem package consists of stand-alone workshops that target an area that your school or organization chooses. You may choose one, two or all of the workshops – whatever fits your needs. Offerings include:

- Character building
- Leadership/Self-Awareness and Respect
- Conflict Resolution/Problem Solving/Decision Making
- Diversity
- Teen dating violence prevention and healthy relationship building
- Employability, take the next step

For more information about YWCA Delaware Youth Programs, contact:
Patrick Gunnin, Chief Programs Officer
YWCA Delaware 153 E. Chestnut Hill Road, Suite 102
Newark, DE 19713
302-224-4060, X208
pgunnin@ywca.de.org
COMMUNITY GUIDE
TO HELPING SURVIVORS OF
SEXUAL ASSAULT

WHAT WE CAN DO

We can help survivors by empowering them: letting the survivor guide when, how and to whom they disclose is the first step. When help is offered, the survivor should be able to choose how, when and from whom to accept it. When in doubt, you can always refer to our 24/7 helpline. SARC encourages all helpers to practice self-care, healthy boundaries and best safety practices.

SEXUAL ASSAULT RESPONSE CENTER
eliminating racism empowering women

CONTACT US

OFFICE (302)-273-1300
HELPLINE 800-773-8570
153 E Chestnut Hill Rd, Suite 102
Newark DE 19713
20155 Office Circle, Suite 2
Georgetown, DE 19947

HEADING OUT

WEBSITES

www.ywcade.org/SARC
www.RAINN.org
www.NSVRC.org
www.startbybelieving.org
attorneygeneral.de.gov
CJC.delaware.gov
victimsofcrime.org
crisistextline.org

WHAT TO SAY

"I'M SO SORRY THAT HAPPENED TO YOU. IT IS NOT YOUR FAULT"
"I BELIEVE YOU."
"YOU ARE NOT ALONE."
"HOW CAN I SUPPORT YOU?"
"THIS DOESN'T CHANGE HOW I THINK OF YOU."

COMMUNITY RESOURCES

- Sexual Assault Helpline NCC, KT, & SX 800-773-8570
- Sexual Assault Helpline Kent 800-262-9800
- Domestic Violence Helpline NCC 302-762-6110
- Domestic Violence Helpline Kent & SX 302-422-8058
- Police-based Victim Services 1-800-842-8461
- National Suicide Helpline 800-273-8255
- Crisis Textline: Text "CONNECT" to 741741
- Delaware Suicide Helpline 800-262-9800
- Child Abuse Report Line 800-292-9582
- Mental Health Crisis NCC 800-652-2929
- Mental Health Crisis Kent & SX 800-345-6785
- For Emergency Housing, call 211 for centralized intake or the Homeless Planning Council (302) 654-0126
- SANE Units in Delaware:
  Christiana Hospital, Newark
  AI DuPont Nemours Hospital, Wilmington
  Bayhealth, Dover
  Family Advocacy Program DAFB, Dover
  Nanticoke Memorial Hospital, Seaford
  Beebe Hospital, Lewes
YWCA Delaware
Marian Hinson Home-Life Management Center

HLMC suggested items for donations:

- Gift Cards: Groceries, home improvement stores, department stores
- Food donations: commercial size can goods, staples (flour, sugar) fresh fruits and vegetables, healthy snacks
- Baby food and milk
- New twin bedding/ Bed in a Bag
- Movie, bowling, skating, entertainment center passes
- New microwaves, toasters and blenders
- Household items: new dishes, flatware, pots and pans
- New towels, wash cloths, dish clothes, pot holders
- New twin blankets, comforters, pillows etc.
- Family sized toiletries (including tooth brushes, sun screen and women’s and men’s personal hygiene items)
- Cleaning products (laundry detergent, carpet cleaning solution, dish washing liquid etc.), mops, broom, dustpans for agency and individual families
- New flashlights and rechargeable/regular batteries (C, D, AA, AAA)
- Disposable diapers all sizes and pull ups
- Journals (adult and teens & pens)
- Board games, books, puzzles, arts & craft sets for lounges and kid’s workshops
- Adult and child DVD movies – PG only
- Bus passes, gas cards
- Energy efficient bulbs for the HLMC; to reduce energy costs throughout facility
- Lawn care equipment; (2)working lawn mowers; (2)working weed eater; weed control chemicals; wheel barrel

Volunteers needed for indoor and outdoor maintenance.

YWCA Delaware retains the right to decline any donation that may not meet our specific needs.

To arrange a donation or discuss volunteer opportunities, please contact or Erica Williams @ ewilliams@ywcade.org - 302-658-7110.
YWCA Delaware “WAND”  
Wo(men) Achieving New Directions

Thank you for seeking to support the YWCA Delaware Wo(men) Achieving New Directions (WAND) Program. WAND offers work readiness and 21st Century job search skills to those with barriers to employment and self-employment/entrepreneurial strategies to emerging business owners who need the tools to position their business for success.

Your donation will help to support not only the participants in the program, but also the success of delivering the WAND Program to our community. Our goal is to present pathways to entrepreneurship and career-readiness to individuals by incorporating a “hands on” technical approach. Our programs are designed to be delivered either in our learning labs located in Newark and Wilmington or on-site at organizations, who seek to collaborate and develop a coalition of legacy building in our communities by aspiring to give hope, teach and grow individuals.

Your gifts or In-Kind services requested are:

- Universal Gift Cards (Visa, American Express) in increments of $25.00 or more
- Staples Gift Cards
- Wawa Gift Cards in increments of $10.00
- Printing Services
- Marketing/Branding support
- Social Media Support
- Business Development resources such as books and journals
- Career Readiness resources such as books and journals
- Business Development Coaching Support/Mentoring
- Career Readiness Coaching Support/Mentoring
- Technology new or gently used (laptops, notebooks)
- Staff Camera for Program Events
- Photographer for the WAND Program and events
- Videography for the WAND Program
- Sponsorship for event refreshments

Thank you for partnering with the YWCA Delaware WAND Program!

Warmly,

Troy C. Farmer
Director of the WAND Program
302-224-4060, Ext. 203